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$$F \approx \frac{k_B T}{v_0} \int d\mathbf{x} \left[(2 - \chi) \cdot \psi^2 + \frac{4}{3} \psi^4 + g (\nabla \psi)^2 \right] + const .$$
How to minimise a functional? Recall the Lagrangian method:

$$\delta F = \frac{k_B T}{v_0} \int d\mathbf{x} \left[\frac{\partial f}{\partial \psi} \delta \psi + \frac{\partial f}{\partial (\nabla \psi)} \delta (\nabla \psi) \right]$$

$$= \frac{k_B T}{v_0} \int d\mathbf{x} \left[\frac{\partial f}{\partial \psi} - \nabla \left(\frac{\partial f}{\partial (\nabla \psi)} \right) \right] \delta \psi = 0$$
Gives the **Euler-Lagrange equation:**

$$\frac{\partial f}{\partial \psi} - \nabla \left(\frac{\partial f}{\partial (\nabla \psi)} \right) = A \cdot \psi + 2C \cdot \psi^3 - g \cdot \nabla^2 \psi = 0$$
Choosing the coordinate \mathbf{z} perpendicular to the interface, and taking the parameter \mathbf{A} to be negative (below the critical point χ_c) we have the solution:

$$\psi(z) = \sqrt{\frac{A}{2C}} \tanh \left(\frac{z'_W}{w} \right)$$

$$w = \sqrt{2g/A}$$
is the "width" of the interface. Remember that $A \rightarrow 0$ at the critical temperature, like $(\mathbf{T} - \mathbf{r}_c)...$































