

# Part III Biological Physics course - 2019

Lecturers:

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Dr Diana Fusco      df390



# Pre-requisites:

Part II Thermal Statistical

Part II Soft Condensed Matter [or self study]

## Reading list:

Phillips, Kondev, Theriot, Garcia

**Physical Biology of the Cell** - 2<sup>nd</sup> ed., Garland 2013

Phil Nelson

**Physical Models of Living Systems** - Freeman 2015

**Biological Physics - : Energy, Information, Life** - Freeman 2007

Uri Alon

**An Introduction to Systems Biology** - Chapman and Hall 2007 + 2<sup>nd</sup> ed 2020

Bruce Alberts et al.

**Molecular Biology of the Cell-** Garland (many editions, updated almost yearly)

Kim Sneppen and Giovanni Zocchi

**Physics in Molecular Biology** - CUP 2005

Kim Sneppen

**Models of Life** - CUP 2014 & free e-book



Warning, this is  
a biology book



# Useful Information:

Website, linked from TiS:

<http://people.bss.phy.cam.ac.uk/courses/biolectures/>

Send comments & errors to pc245 or df390. A list of known errors is maintained on the website.

Supervisions available for students in Part III and MAST  
(3 supervisions, single large group, times will be communicated).

# Structure of the course:

24 lectures, in 7 modules:

A - context/overview/intro/basics, networks

B - evolution and growth of populations

C - dynamics in the cell

D - elements of neuro-physics

E - pattern formation in biology

F - protein production and regulation of gene expression

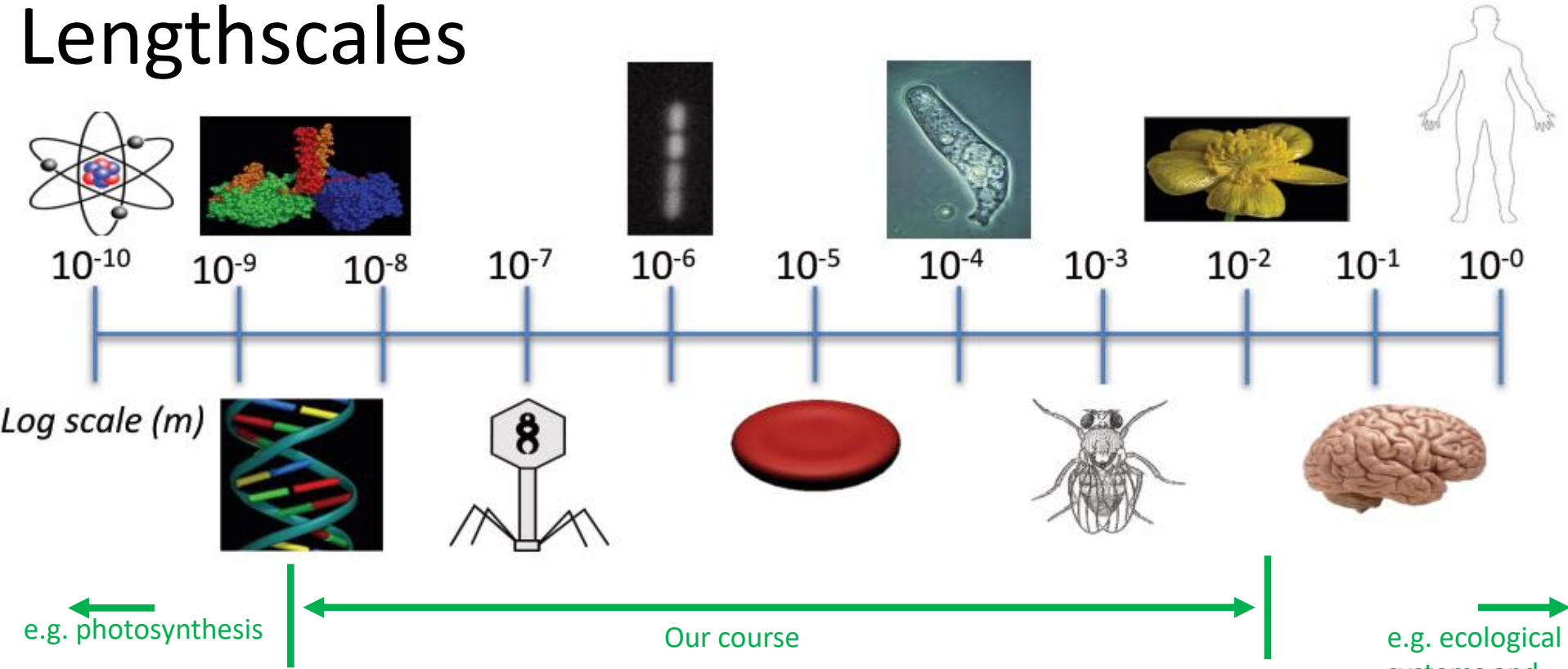
G - dynamical systems, switches and oscillations

*Warning!*  
*New Module*

*No previous exam questions*

4 lectures will be given by other Cambridge colleagues active on the biology/physics interface: material closer to active research (details not examinable)

# Lengthscales



Biological systems have a hierarchical organization across many lengthscales

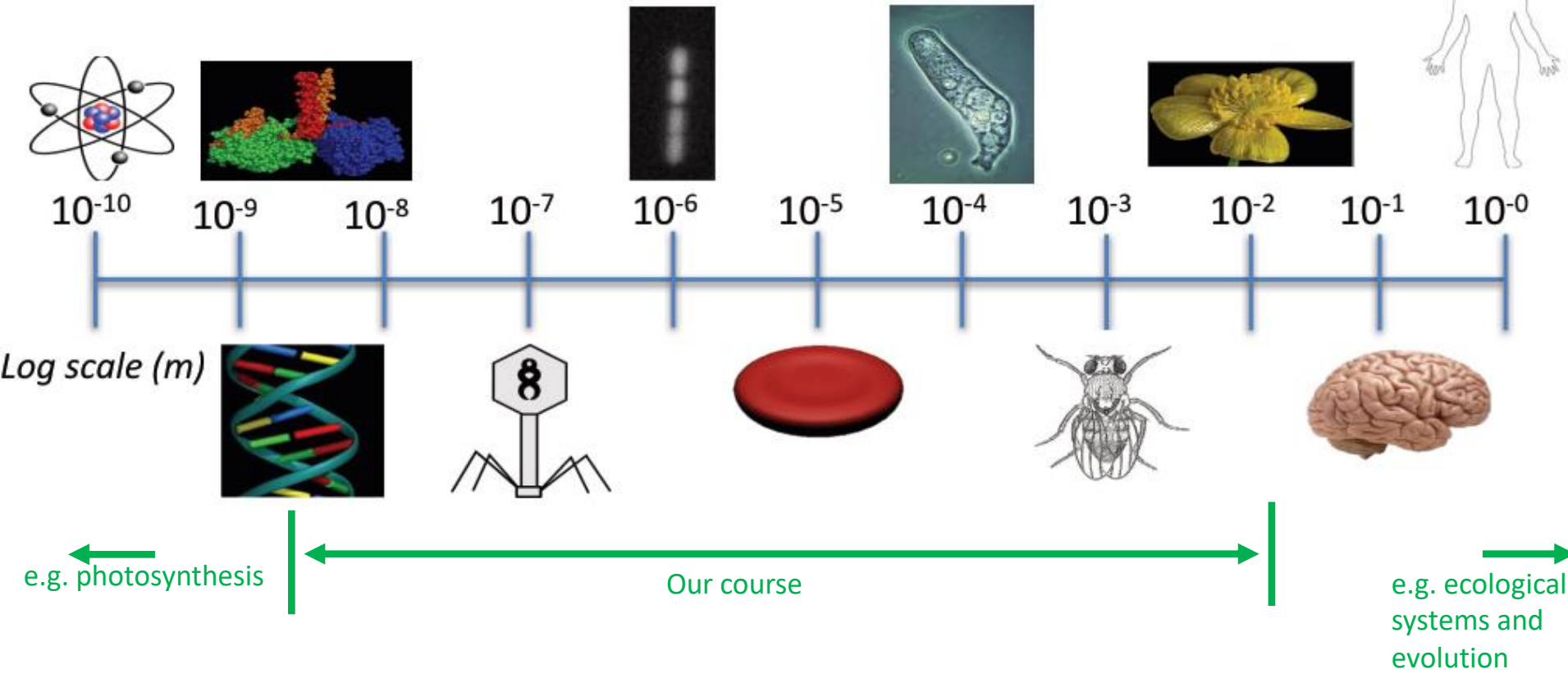
Lengthscale  $\leftrightarrow$  Timescale... hence "emergence".

Non-equilibrium (but considering separation of timescales, equilibrium often valid)

Self assembly and self replication

We focus in this course on scales where thermal noise and small number noise are at play - classical statistical mechanics.

# Why is it a good time to “deploy&develop” physics here?



Fantastic detailed knowledge of the molecules that make up living systems from decades of “structural biology”. Precise genetic code.

The broadly correct understanding of mechanisms of action of many of these constituents. Quantitative datasets resolved on relevant lengths & times.

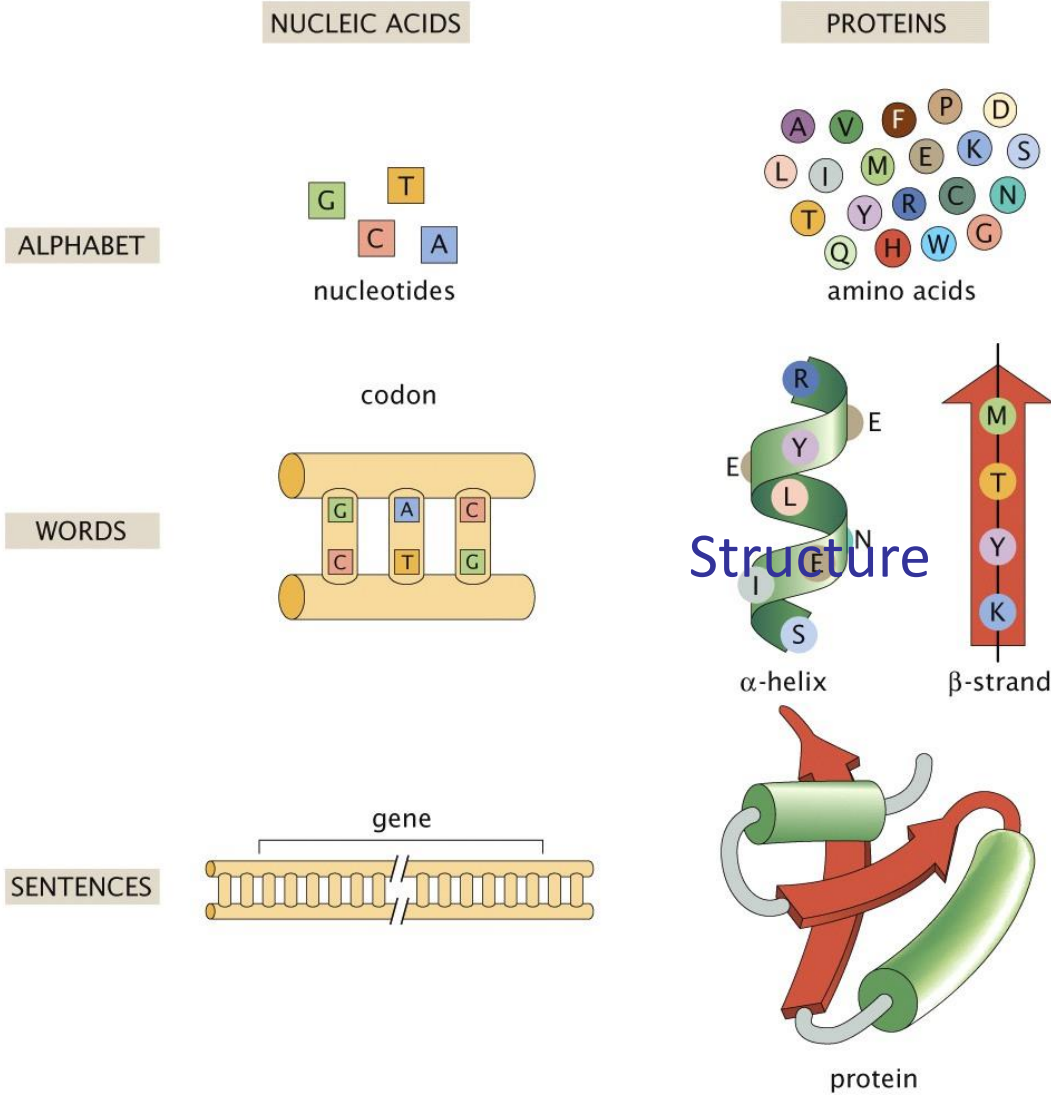
**Unique power of physics** (stat mech, dynamical systems, soft matter) in linking up scales → models that have the “correct” mechanism, and that represent an understanding.

Physics is required.

As in other fields (condensed matter, etc), what is our approach?

- Understand context - here, cell biology context.
- Make order of magnitude estimates.
- Become familiar with tools for model building.
- Critical analysis to determine limitations, and suggest refinement to models.

# Crick's legacy - Polymer Languages



Space of "Genotypes"

Space of "Phenotypes"

Figure 1.2 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

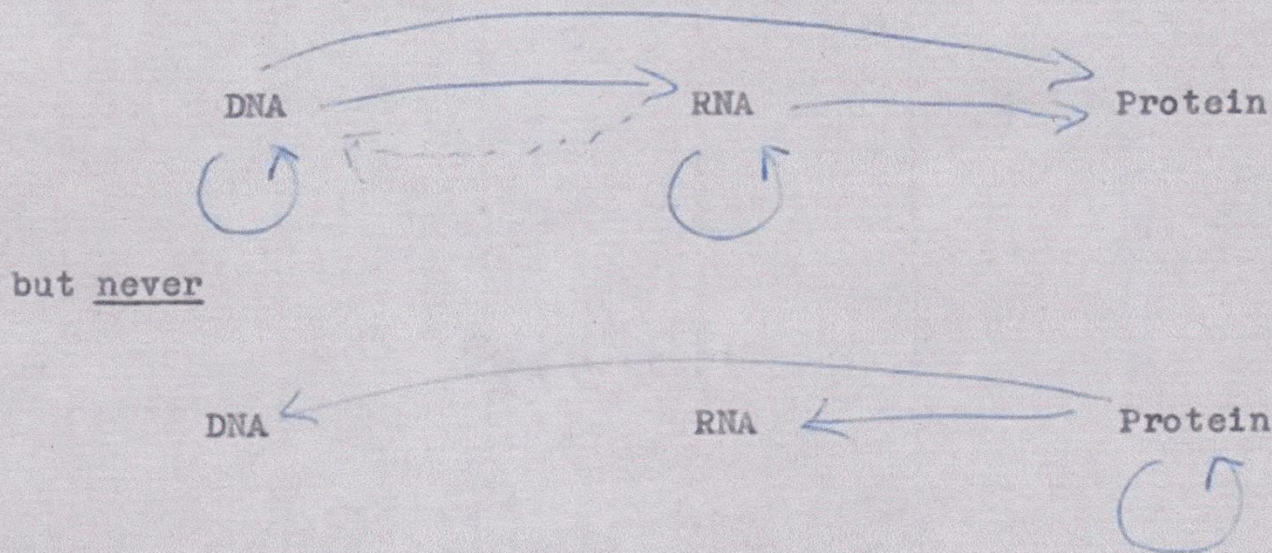
Hierarchy of scales: both Information and Structure.



# Gene regulation: the “central dogma”

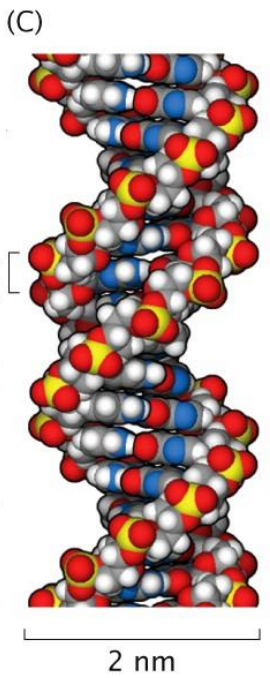
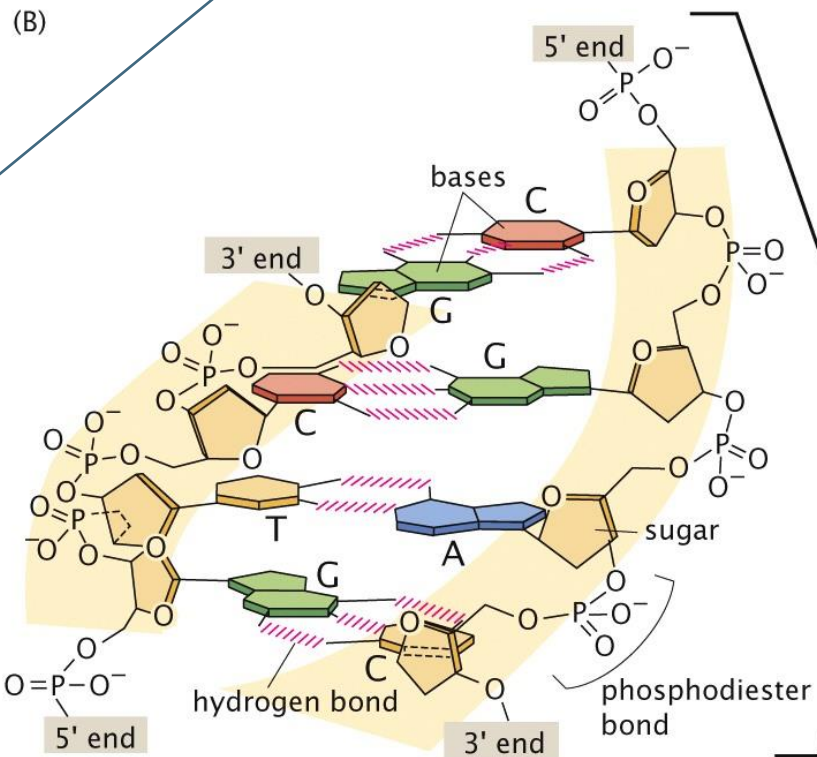
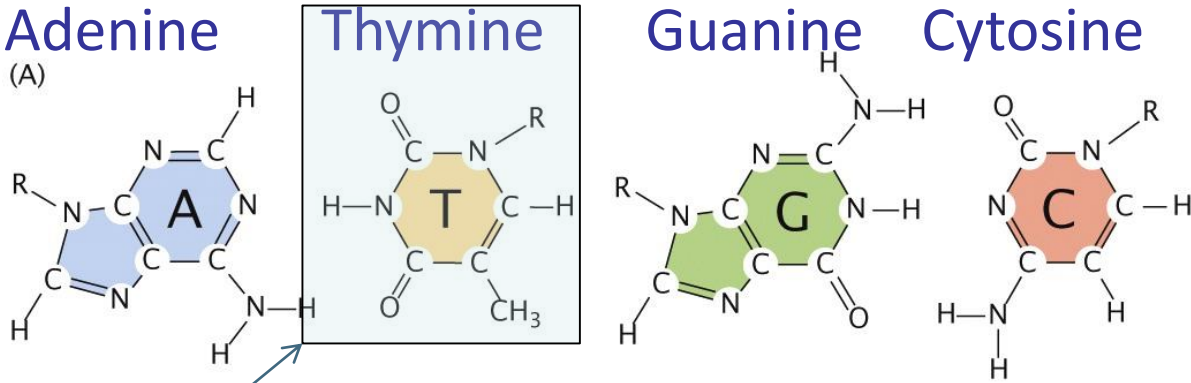
## *Crick 1953-1957*

The Central Dogma: "Once information has got into a protein it can't get out again". Information here means the sequence of the amino acid residues, or other sequences related to it. That is, we may be able to have



where the arrows show the transfer of information.

# Nucleotides and DNA



Replaced by  
Uracil in RNA

Figure 1.3 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

lecture 1

# The genetic code

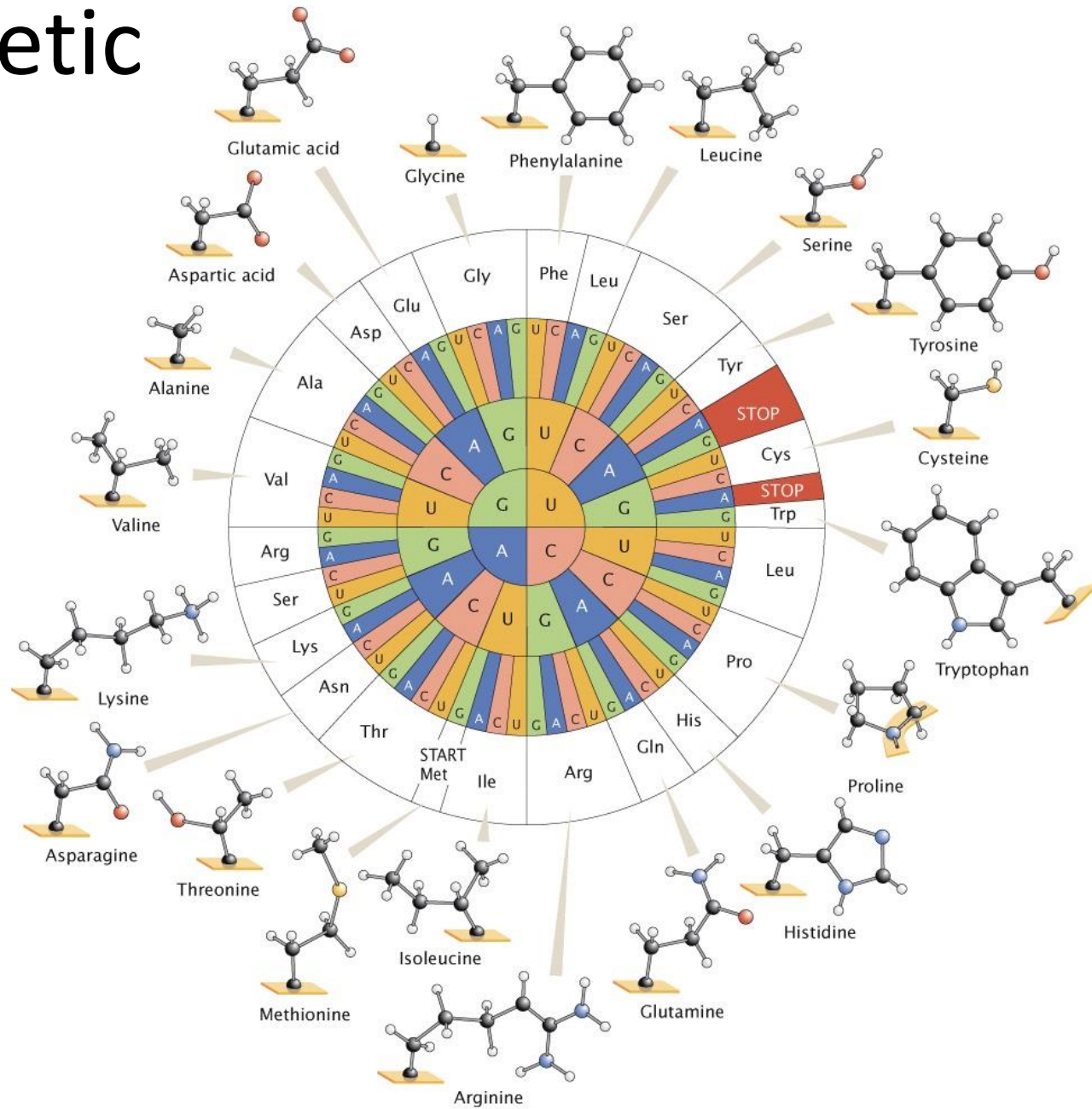
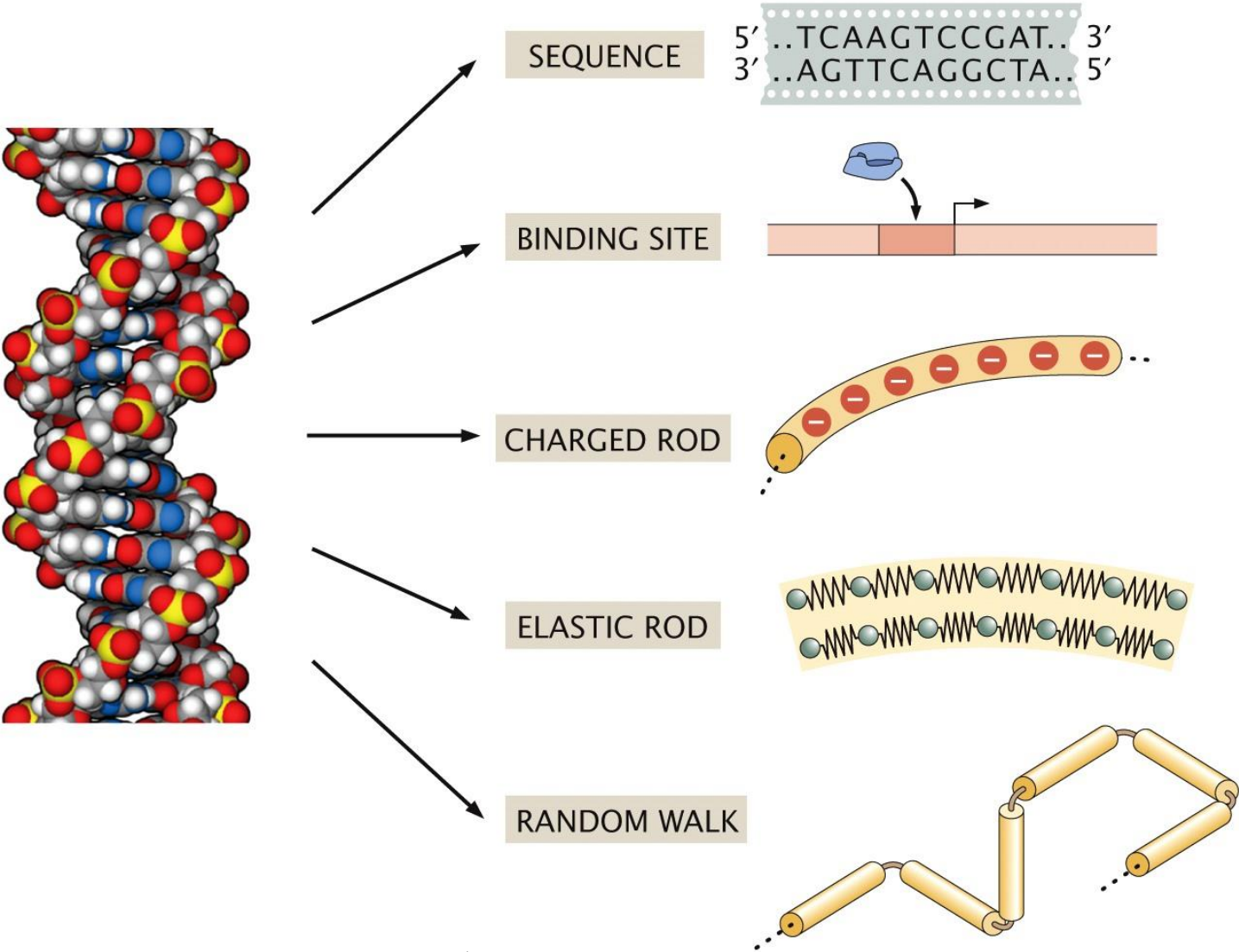


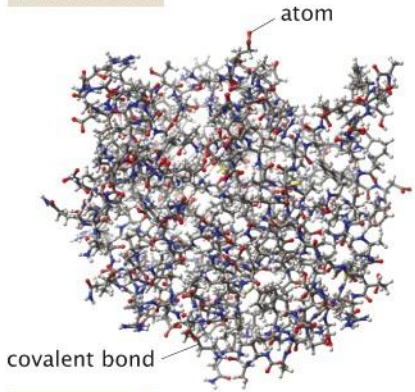
Figure 1.4 Physical Biology of the Cell, 2ed. (© Garland Science 2013) **lecture 1**

# Many ways to see a DNA double helix

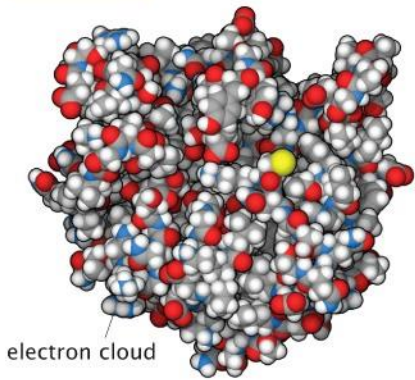


# Many ways to see a protein

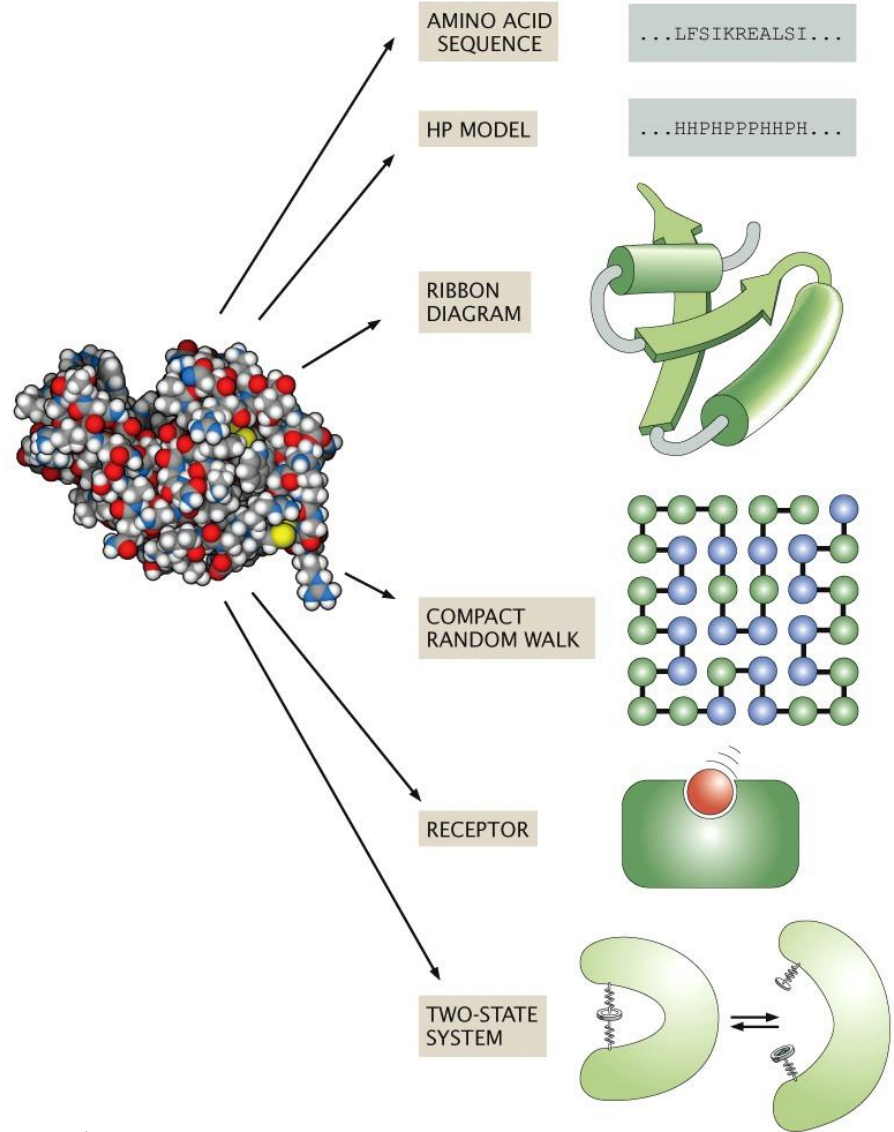
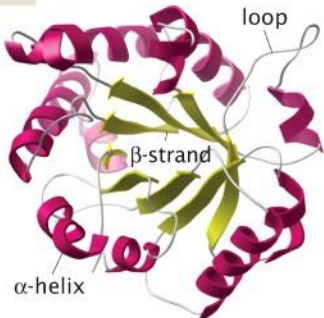
ball and stick



space-filling



ribbon

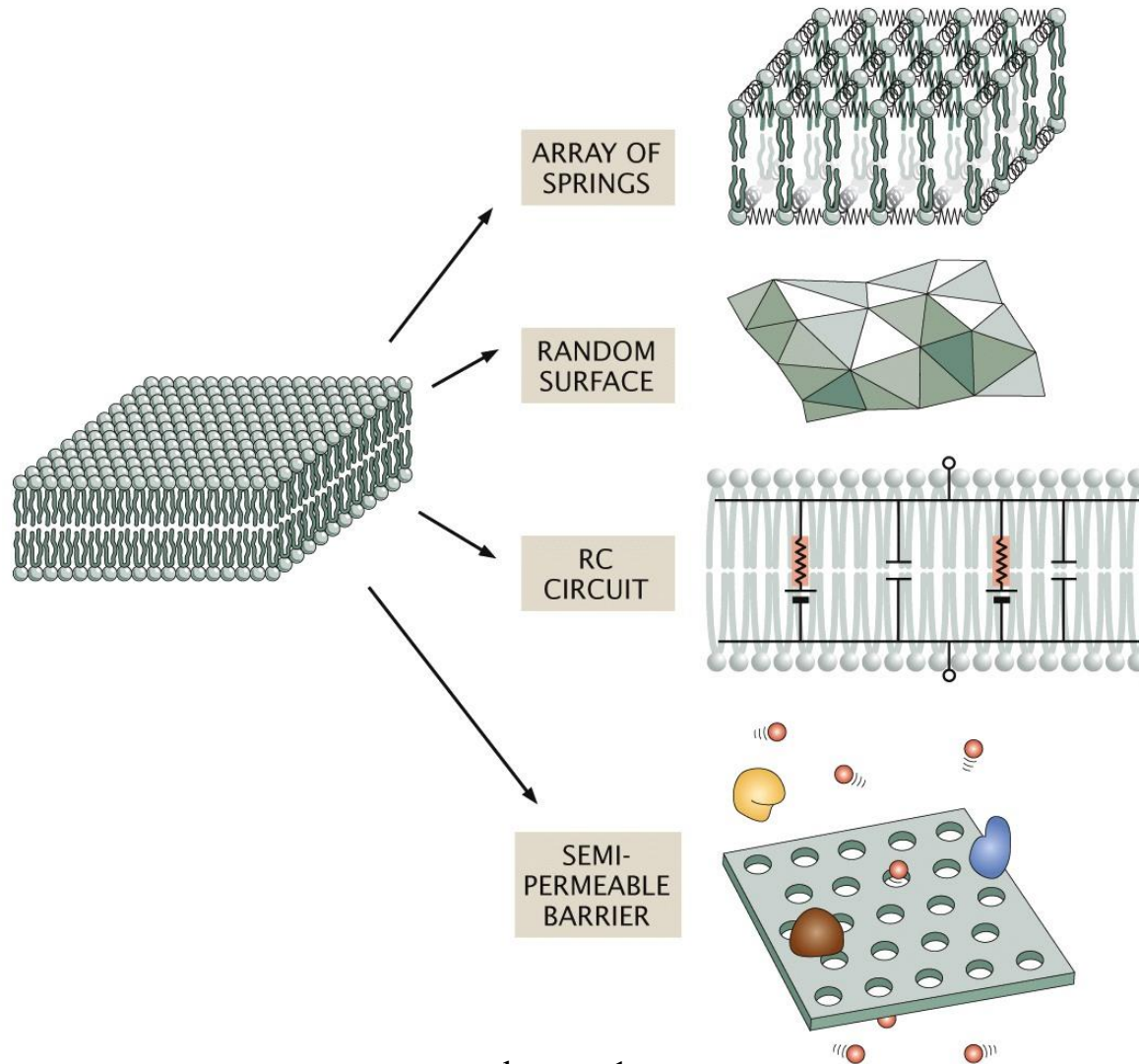


lecture 1

Figure 1.6 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

Figure 2.32 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

# Many ways to see a lipid membrane



lecture 1  
Figure 1.7 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

# To cells: Many ways to see a bacterium

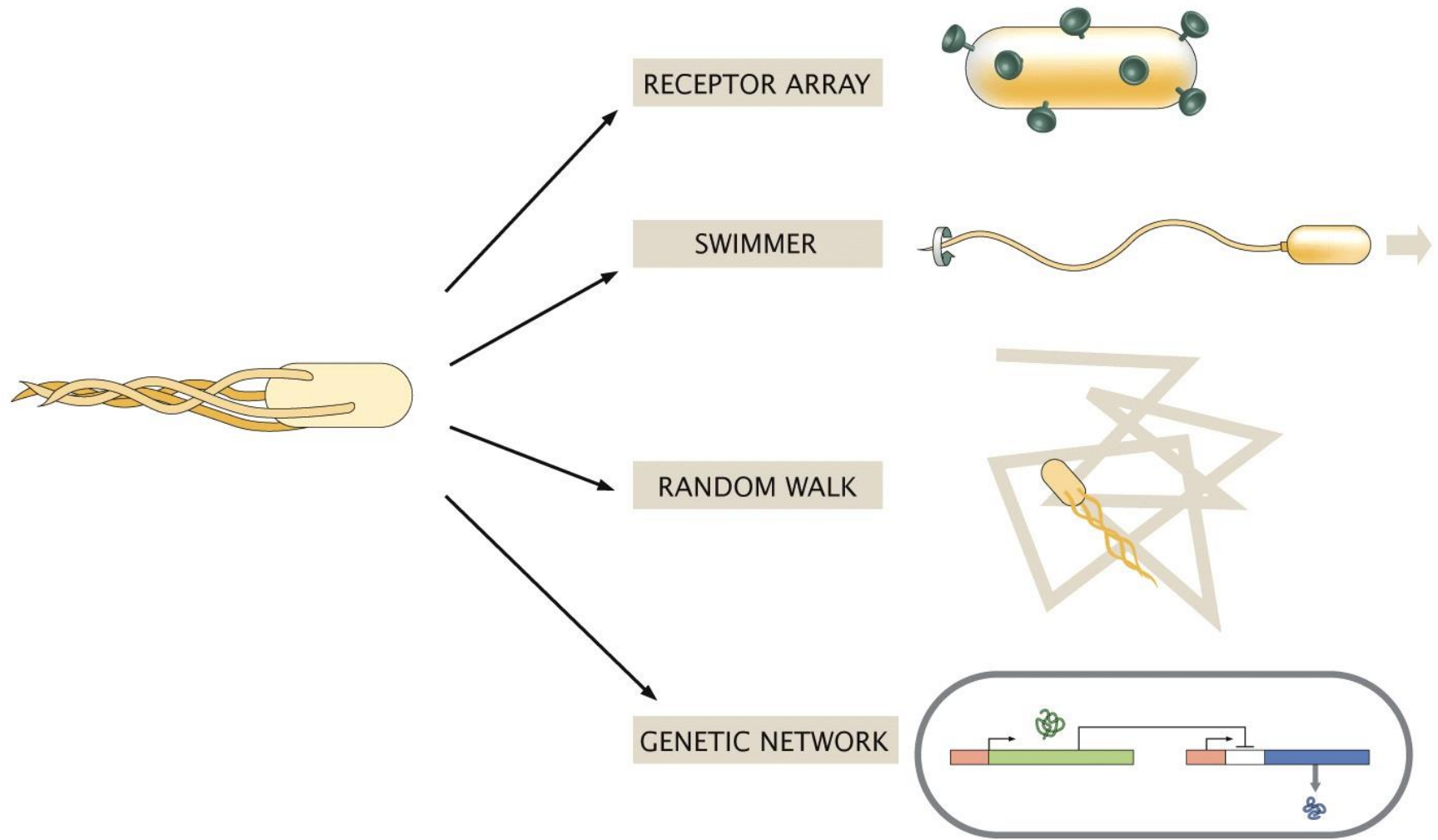
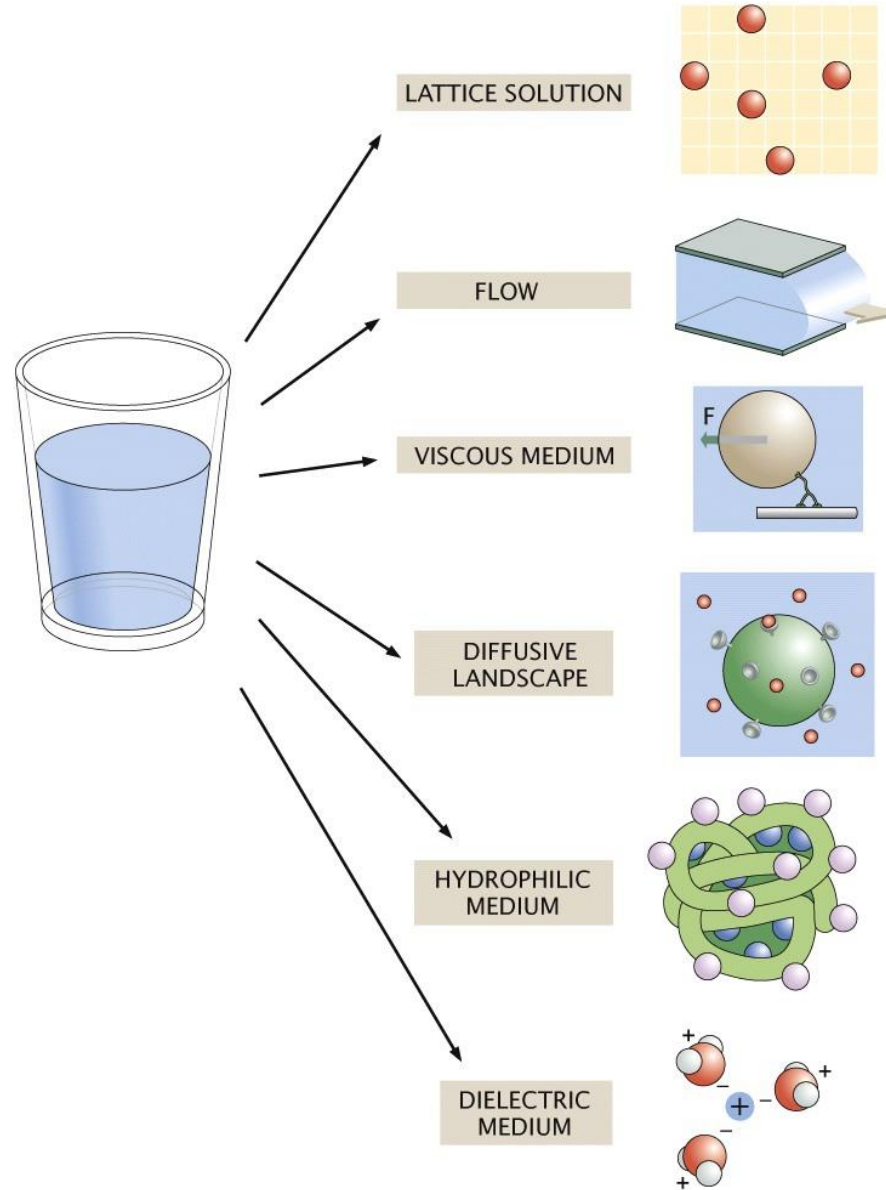


Figure 1.8 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

# What is “right” level of description ?



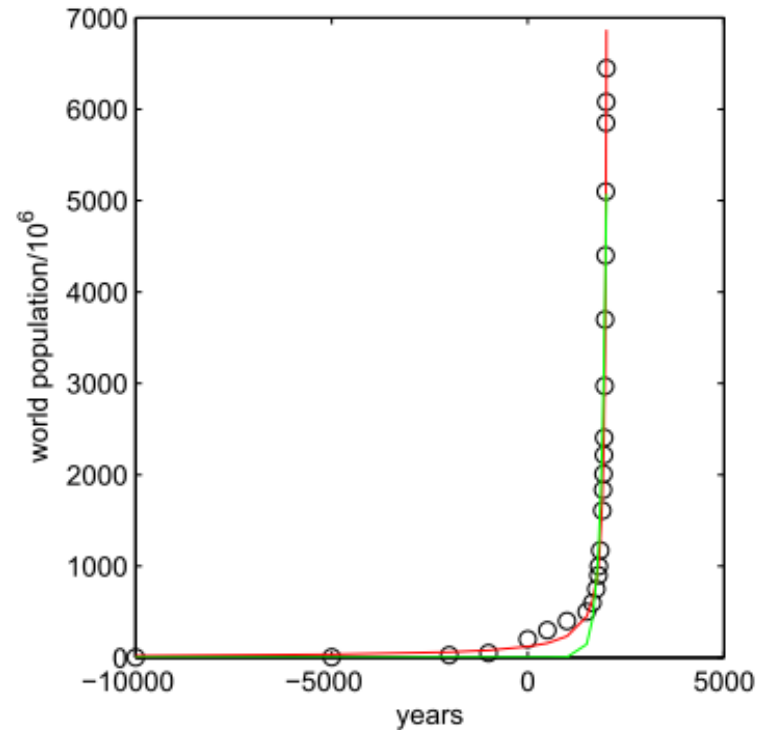
lecture 1

Figure 1.9 Physical Biology of the Cell, 2ed. (© Garland Science 2013)



# What do we want to avoid?

Example of population growth data



$f(t) = a1/[a2 - (t/1yr)]$       $a1=10000, a2=2050$  works very well

or

$f(t) = a1 \exp (a2 t)$

Physical Models need to reflect a mechanism, and can point us to further key insights.

# A success in quantitative biology (and still ongoing): The Lac repressor

## *Where Stat mech and Polymer physics meet the biology of gene regulation*

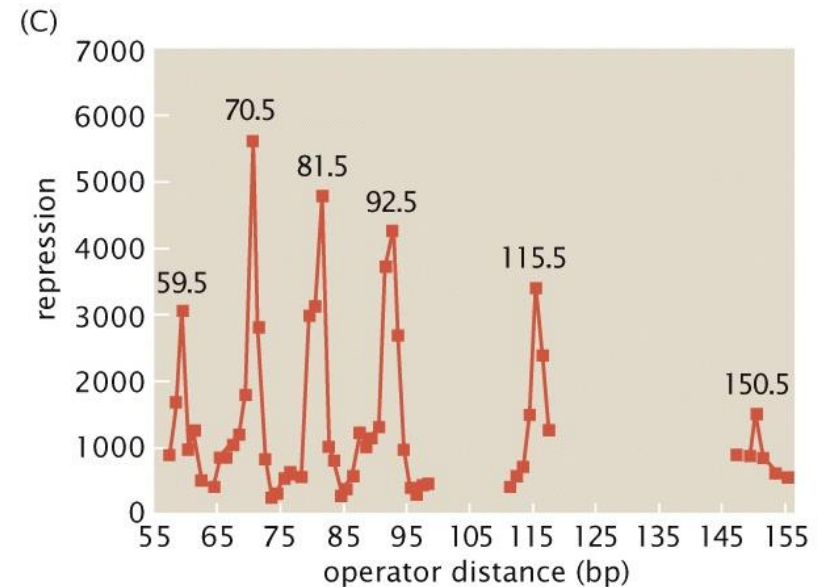
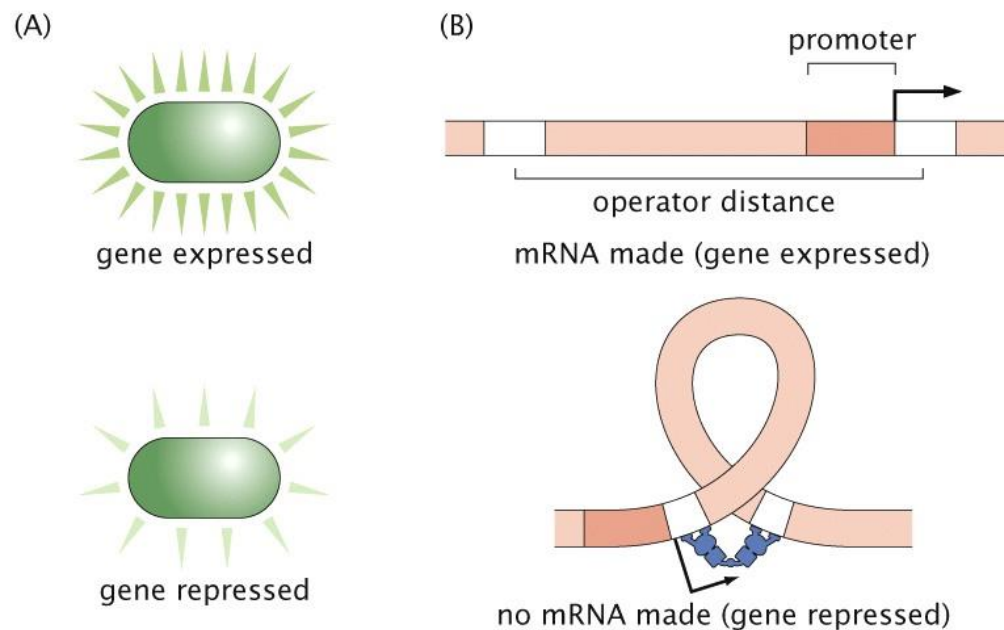


Figure 1.11 Physical Biology of the Cell, 2ed. (© Garland Science 2013)

**Table 1.1:** Rules of thumb for biological estimates.

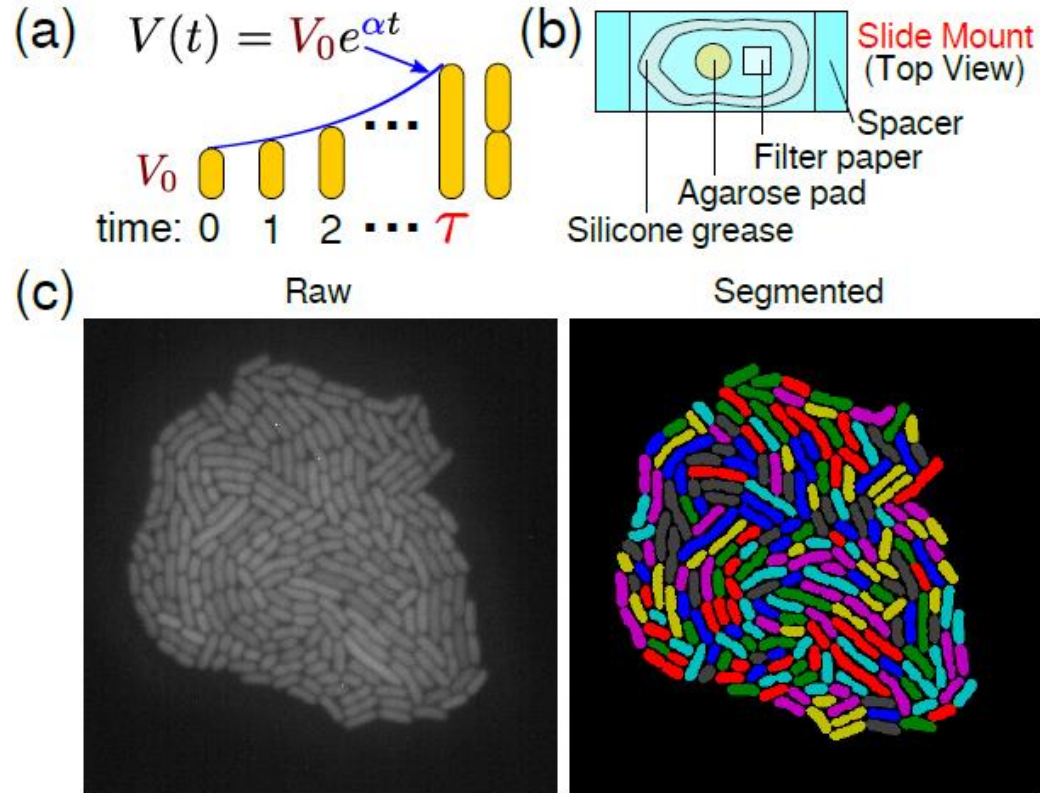
Quantity of interest	Symbol	Rule of thumb
<i>E. coli</i>		
Cell volume	$V_{E. coli}$	$\approx 1 \mu\text{m}^3$
Cell mass	$m_{E. coli}$	$\approx 1 \text{ pg}$
Cell cycle time	$t_{E. coli}$	$\approx 3000 \text{ s}$
Cell surface area	$A_{E. coli}$	$\approx 6 \mu\text{m}^2$
Macromolecule concentration in cytoplasm	$c_{E. coli}^{\text{macromol}}$	$\approx 300 \text{ mg/mL}$
Genome length	$N_{bp}^{E. coli}$	$\approx 5 \times 10^6 \text{ bp}$
Swimming speed	$v_{E. coli}$	$\approx 20 \mu\text{m/s}$
Yeast		
Volume of cell	$V_{\text{yeast}}$	$\approx 60 \mu\text{m}^3$
Mass of cell	$m_{\text{yeast}}$	$\approx 60 \text{ pg}$
Diameter of cell	$d_{\text{yeast}}$	$\approx 5 \mu\text{m}$
Cell cycle time	$t_{\text{yeast}}$	$\approx 200 \text{ min}$
Genome length	$N_{bp}^{\text{yeast}}$	$\approx 10^7 \text{ bp}$
Organelles		
Diameter of nucleus	$d_{\text{nucleus}}$	$\approx 5 \mu\text{m}$
Length of mitochondrion	$l_{\text{mito}}$	$\approx 2 \mu\text{m}$
Diameter of transport vesicles	$d_{\text{vesicle}}$	$\approx 50 \text{ nm}$
Water		
Volume of molecule	$V_{\text{H}_2\text{O}}$	$\approx 10^{-2} \text{ nm}^3$
Density of water	$\rho$	$1 \text{ g/cm}^3$
Viscosity of water	$\eta$	$\approx 1 \text{ centipoise}$ $(10^{-2} \text{ g/(cm s)})$
Hydrophobic embedding energy	$\approx E_{\text{hydr}}$	$2500 \text{ cal/(mol nm}^2)$

**Table 1.1:** Rules of thumb for biological estimates.

Quantity of interest	Symbol	Rule of thumb
<b>DNA</b>		
Length per base pair	$l_{bp}$	$\approx 1/3 \text{ nm}$
Volume per base pair	$V_{bp}$	$\approx 1 \text{ nm}^3$
Charge density	$\lambda_{DNA}$	$2 e/0.34 \text{ nm}$
Persistence length	$\xi_p$	$50 \text{ nm}$
<b>Amino acids and proteins</b>		
Radius of “average” protein	$r_{protein}$	$\approx 2 \text{ nm}$
Volume of “average” protein	$V_{protein}$	$\approx 25 \text{ nm}^3$
Mass of “average” amino acid	$M_{aa}$	$\approx 100 \text{ Da}$
Mass of “average” protein	$M_{protein}$	$\approx 30,000 \text{ Da}$
Protein concentration in cytoplasm	$c_{protein}$	$\approx 150 \text{ mg/mL}$
Characteristic force of protein motor	$F_{motor}$	$\approx 5 \text{ pN}$
Characteristic speed of protein motor	$v_{motor}$	$\approx 200 \text{ nm/s}$
Diffusion constant of “average” protein in cytoplasm	$D_{protein}$	$\approx 10 \mu\text{m}^2/\text{s}$
<b>Lipid bilayers</b>		
Thickness of lipid bilayer	$d$	$\approx 5 \text{ nm}$
Area per molecule	$A_{lipid}$	$\approx \frac{1}{2} \text{ nm}^2$
Mass of lipid molecule	$m_{lipid}$	$\approx 800 \text{ Da}$

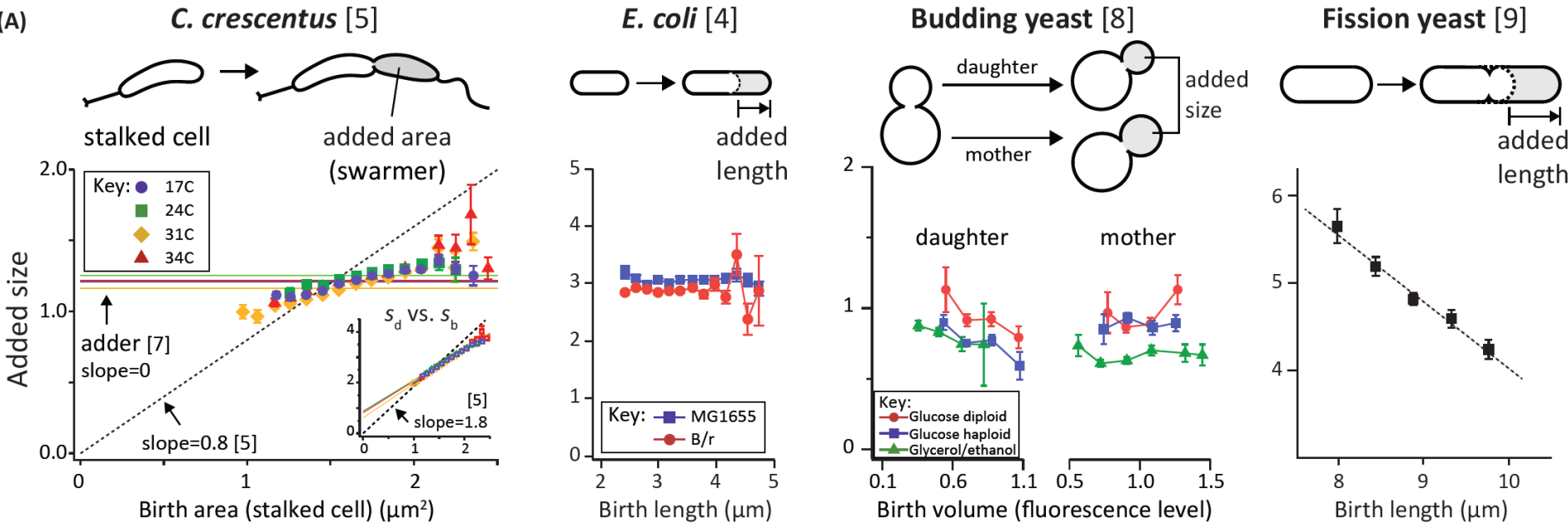
An example of “important question” that can be addressed in very different ways:

How do cells regulate division to have a mean size?



In principle, control could be through “sizer”, “timer” or some combination.

# Data on regulation of division

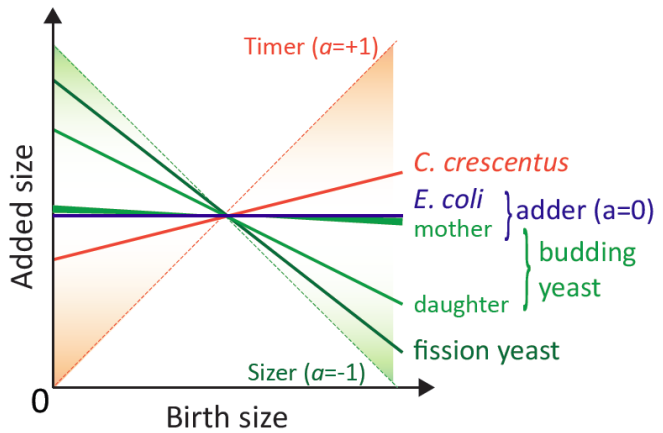


*From S.Jun, S.Taheri-Araghi, Trends in Microbiology 4, 23 (2015)*

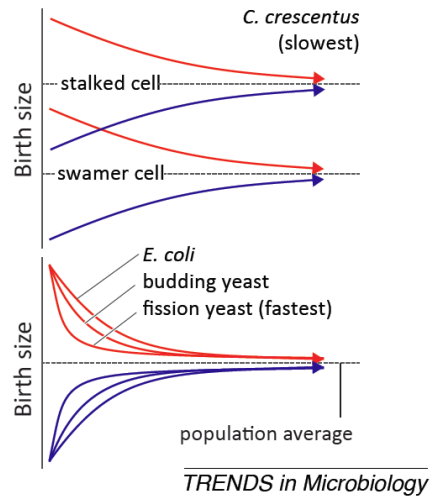
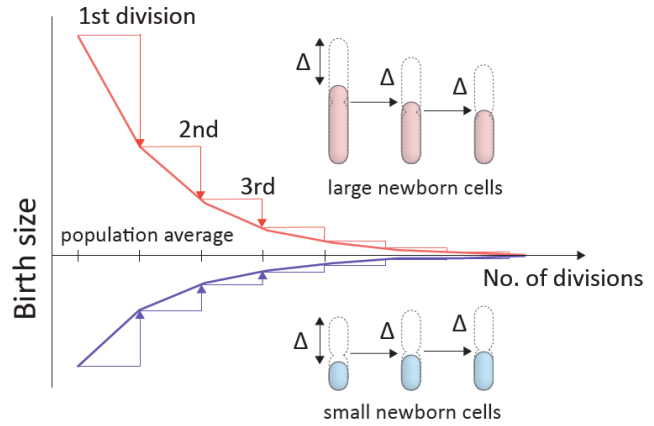
# How do cells regulate division to have a mean size?

One can also try to establish the general control theory, looking at the data.

(B) Summary of data



(C) Size-convergence principle and predictions



TRENDS in Microbiology

One can search for the molecular mechanism, but certainly more complex than “the gene”!

Not so simple to come up with sizer mechanisms: plausible scenario put forward in yeast might involve sensing size through the balance between a species that has constant concentration in the cell volume as monomers, an adsorption equilibrium with the membrane (hence # prop to area), and a polymerisation “sink”.

Concentration at the sink is then a membrane area sensor, triggering division. <sup>23</sup>

# Recap:

- Spirit and remit of this course.
- How physics contributes to this area of science.
- A first overview of cell machinery.
- Confidence in developing models and determining the right level of description.
- Next two lectures are “intro” to networks.